Book 3

The Days of Sayyidah Fatimah (a)

Project Booklet

Under the Guidance of Moulana Nabi R. Mir (Abidi)

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Important dates in Jumādā al-Ūlā

5th	Wilādah of Lady Zaynab, daughter of Imām ʿAlī (ʿa) (by some traditions)
13th	Shahādah of Sayyidah Fāṭimah az-Zahrāʾ (ʿa) (by some traditions); beginning of Ayyām Fāṭimiyyah
15th	Wilādah of Imām Zaynul ʿĀbidīn (ʿa) (by some traditions)

Important dates in Jumādā al-Ākhirah

3rd	Shahādah of Sayyidah Fāṭimah az-Zahrāʾ (ʿa)
13th	Wafāt of Ummul Banīn
20th	Wilādah of Sayyidah Fāṭimah az-Zahrāʾ (ʿa)

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بِسۡمِ اللّٰہِ الرَّحۡمٰنِ الرَّحِیۡمِ

Salāmun ʿalaykum,

May Allah (swt) bless you and your families. Our sincerest condolences to the Imām of our time, Imām al-Mahdī (ʿaj), our great Marāji and scholars, the Muslim Ummah, and all the believers on the commemoration of Sayyidah Fāṭimah's shahādah.

Dear brothers and sisters, as we all know Sayyidah Fāṭimah (ʿa) gave special attention to teaching, nurturing and raising her kids. In these days of the martyrdom of our beloved Sayyidah Fāṭimah (ʿa), we learn different aspects of her life. From her sadaqāh, to her prayers, to her connection to the Noble Qurʾān, and to her special tasbīḥ.

One of her main contributions was standing for ḥaqq and truth, what was commanded by Allah (swt), which is wilāyah of Amīrul Muʾminīn (ʿa). This is in line and in sync with justice. She never gave up. She never accepted injustice. She always did her duties and responsibilities in any given circumstance.

Sayyidah Fāṭimah (ʿa) tried from every angle to protect and uphold the teachings of Noble Prophet (ṣ) and defend the truth by standing against the oppressor of the time, creating awareness, and connecting with people to bring about this awareness. From another angle, she did not go beyond the limits set by Allah (swt) and use the wrong means to achieve goals, such as creating fitnah or using falsehood and lies.

In addition to her own efforts, Sayyidah Fāṭimah (ʿa) had high hope in Allah's plan and in the power of justice and truth, which will prevail and will not go in vain. We can learn from her and apply these same morals in our lives today. If anyone accepts even one act of ẓulm and oppression, then there is no limit for that ẓulm and oppression to spread.

By the grace of Allah (swt), we are pleased to launch the Days of Sayyidah Fāṭimah (ʿa) Project Booklet. These 5 lessons will inshāʾAllāh help our kids to benefit, learn few points from the life of our beloved lady Sayyidah Fāṭimah az-Zahrāʾ (ʿa), and do special activities for each lesson so that they can keep it and remember it.

Whether it is through activities at the masjid or at home, take these days as an opportunity to learn from the life of our beloved Sayyidah Fāṭimah (ʿa) and remember to connect each day with one of her characteristics so our children can build a long, life lasting connection to Sayyidah Fāṭimah (ʿa). This connection will help them build their Islamic character by learning about being generous, praying for others, helping the needy, and keep Allah (swt) and the Ahlul Bayt (ʿa) as their lanterns throughout their journey in this life. This will be key in strengthening their identity as Muslims in the West.

We pray that Allah (swt) gives us the tawfīq to fulfill our duties and responsibilities towards our children, the future generation of ambassadors of Islam in this part of the world.

Jazākallāh khayrā and best wishes,
Nabi R. Mir (Abidi)
Resident ʿĀlim of SABA Islamic Center

Tasbīḥ of Sayyidah Fāṭimah (ʿa)

Objective: Children will learn about the tasbīḥ of Sayyidah Fāṭimah (ʿa) and the best time to recite it.

We are beginning the days when we remember Sayyidah Fāṭimah (ʿa), the beloved daughter of Prophet Muḥammad (ṣ). After the Noble Prophet (ṣ) passed away, she suffered many tragedies, and died not very long after. There are two main traditions of her shahādah: 13th Jumādā al-Ūlā and 3rd Jumādā al-Ākhirah. These days are known as the Days of Sayyidah Fāṭimah (ʿa).

Sayyidah Fāṭimah (ʿa) was a very hard worker. She used to grind the wheat herself, fetch water from outside, and constantly work around the house. One day the Prophet (ṣ) saw this and gave her a gift from Allah (swt) in the form of divine words. He advised her to recite "Allāhu Akbar" 34 times, followed by "Alḥamdulillāh" 33 times, and "Subḥānallāh" 33 times. This came to be known as the Tasbīḥ of Fāṭimah az-Zahrāʾ (ʿa), a gift from Allah (swt) to Sayyidah Fāṭimah (ʿa) to help her overcome her difficulties and hardships. We too can recite this tasbīḥ when we have a difficult task ahead of us, or when going through any hardship.

Imām Jaʿfar aṣ-Ṣādiq (ʿa) has said, "[reading] the Tasbīḥ of Fāṭimah az-Zahrāʾ after every wājib ṣalāh is more loved than praying 1,000 rakaʿāt every day."[1] Ṣalāh is like a beautiful flower, and reciting the tasbīḥ of Fāṭimah az-Zahrāʾ (ʿa) after it adds a wonderful fragrance. So, after every ṣalāh, we should recite this tasbīḥ to make our ṣalāh like a flower with a lovely scent. Today, we will create fragrant flowers as a reminder to recite this beautiful tasbīḥ.

1 Shaykh Kulaynī, *Al-Kāfī*, Vol. 3, Ḥadīth #15.

Scented Flower

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Heart flower template
- Cotton ball
- Any fragrance
- Crayons/colored pencils
- Scissors
- Glue

Procedure:

1. Color the heart shapes and the rectangle on the template. The hearts will become flower petals, and the rectangle will be the stem.
2. Cut out the hearts and the rectangle.
3. Arrange the hearts such that they look like a flower, then glue them together.
4. Attach the flower to the stem: Find the end of the rectangle labeled “A.” Place the middle of the flower on top of the “A” and glue it in place.
5. Add fragrance: Put a bit of nice-smelling perfume (ʿiṭr), essential oil, or another fragrance onto a cotton ball. Then, glue the scented cotton ball in the center of the flower.

6. Optional variation: Use colored paper, straws, and a hole puncher to make the flower. Slide the flower through a straw so a small bit of straw shows on top, and help the children glue the scented cotton ball onto the top of the straw.

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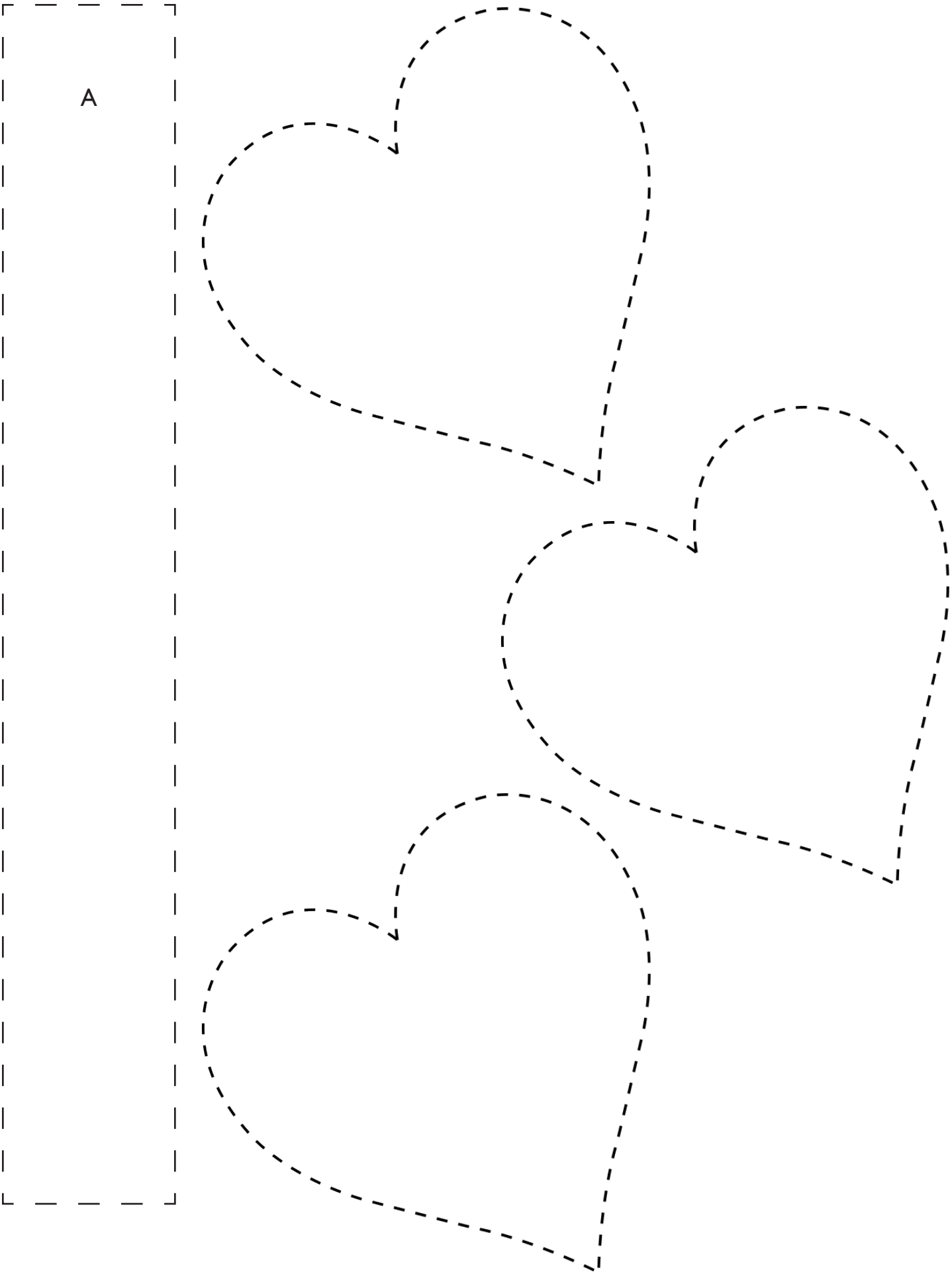
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Wisdom of the Qurʾān

Objective: Children will learn about reciting the Qurʾān regularly.

When we remember Sayyidah Fāṭimah (ʿa), we take lessons from her life and learn from her actions. One thing Sayyidah Fāṭimah (ʿa) did frequently was read the Qurʾān. She had a strong connection to Allah (swt) and to the Qurʾān, and she would uphold the Qurʾānic sayings. In her famous khuṭbah of Fadak, Sayyidah Fāṭimah (ʿa) describes the Qurʾān as a "radiant light," and that "those who adhere to it are led to Allah's pleasure and those who heed to it are saved."[1]

In the Qurʾān, it says, "Allah is the walī of the faithful; He brings them out of darkness into light." This verse reminds us that if we have strong faith and are mindful of Allah (swt), He will guide us toward His light. This light fills our lives with understanding, mercy, and blessings. The verse continues, saying, "As for the faithless, their awliyāʾ are the fake deities, who drive them out of light into darkness."[2] This teaches us to be cautious about whom we follow, ensuring we aren't led astray by the wrong influences.

One of the best ways to stay close to Allah (swt) and keep ourselves guided is by reciting the Qurʾān regularly. Each verse we read strengthens our connection with Allah (swt), fills our hearts with His wisdom, and helps keep us on the straight path. Through regular recitation, we are reminded of His mercy, His guidance, and His presence in our lives. Reciting the Qurʾān not only protects us from going astray but also continually brings us back to the light Allah (swt) offers. Today we are going to make Qurʾān lanterns to help us remember to read the Qurʾān.

1 The Sermon of Fadak
2 Noble Qurʾān, Sūrah al-Baqarah (2), Verse 257.

Lantern Craft

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Colored paper
- Ruler
- Pencil
- Crayons/colored pencils
- Scissors
- Tape/glue
- Electric tea candle

Procedure:

1. Take a piece of colored paper and fold it in half lengthwise (hotdog style).
2. Starting at the folded edge, use a ruler to draw straight lines spaced about 1–2 cm apart. Stop each line about 2 cm from the top edge. These lines will show you where to cut.
3. Carefully cut along the lines, making sure you don't cut all the way to the edge.
4. Unfold the paper. Now, gently roll it into a tube shape by bringing the two shorter sides together. The cuts you made will open up to form the lantern's sides. Tape or glue the edges together to keep it in place.
5. For the handle: Cut a strip of paper or use string or ribbon. Glue or tape it to the top of your lantern. If you have a hole punch, you can punch a hole on each side and thread the string or ribbon through to make a handle.
6. Place it over a battery-powered tea light and watch the light shine through your lantern!

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Sayyidah Fāṭimah's Necklace

Objective: Children will learn about giving with an open heart, as seen through the actions of Sayyidah Fāṭimah (ʿa).

Just like all of the Ahlul Bayt (ʿa), Sayyidah Fāṭimah (ʿa) was kind and generous. With an open heart, she always gave to those in need. One day, an old man came to the masjid, crying. When Prophet Muḥammad (ṣ) asked him what was wrong, he said that he was poor, sick, and hungry. The Noble Prophet (ṣ) told him to go to the house of Sayyidah Fāṭimah (ʿa). When he went to Sayyidah Fāṭimah's house, she gave him her necklace and told him to sell it so that he may buy food and clothes. The old man rushed back to the masjid to share the good news with the Prophet (ṣ), who was delighted to hear about the kindness of Sayyidah Fāṭimah (ʿa).

ʿAmmār, one of the Prophet's companions, asked if he could buy the necklace and the Prophet (ṣ) agreed. ʿAmmār gave the old man not just money for the necklace, but also clothes, food, and a camel. With this, the old man was no longer in need! Then, ʿAmmār gave the necklace to his servant, instructing him to return it to Sayyidah Fāṭimah (ʿa), and telling him that he would now be her servant.

The servant went to Sayyidah Fāṭimah (ʿa) and shared the whole story, expressing that he would serve her. She smiled, accepted the necklace, and declared that he was free. The servant laughed joyfully, and when Sayyidah Fāṭimah (ʿa) asked why, he replied, "I am joyous because of the blessings of this necklace. This necklace fed a hungry man, clothed a man, gave a man who was walking a new camel, made a man wealthy, and now has freed a slave. Then by the grace of Allah, it has come back to its owner!"

From this story we learn about the kindness of Sayyidah Fāṭimah (ʿa), and the blessings charity brings to those who give with an open heart and for the sake of Allah (swt). Today we are going to make a necklace to represent the necklace of Sayyidah Fāṭimah (ʿa) which had many blessings.

Necklace Craft

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Necklace template
- Crayons/colored pencils
- Scissors
- String/yarn
- Glue
- Optional: beads

Procedure:

1. Color all the pictures on the template to make them bright and pretty!
2. Cut out each shape by carefully cutting along the dotted lines.
3. Line up all of the shapes with the colored side face down.
4. Place the string or yarn across the middle of the shapes.
5. Glue one circle shape, then carefully fold the other circle on top, so the two circles stick together and the string is between them. This will make your necklace!
6. Optional: If you want, you can slide some beads onto the string before placing it across the shapes. When you glue the circles together, make sure the beads are between the paper circles to create a fun pattern!

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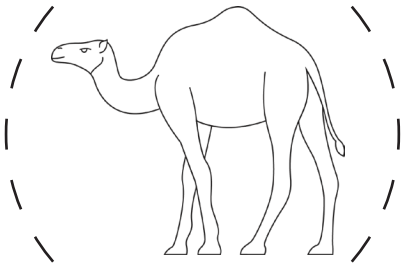

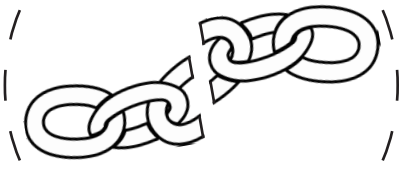

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The Bright Star of Guidance

Objective: Children will learn about the guidance of Sayyidah Fāṭimah (a) and the Ahlul Kisāʾ (ʿa).

As we know, Sayyidah Fāṭimah (a) was the beloved daughter of our Noble Prophet (ṣ). Together with her husband Imām ʿAlī (ʿa) and their two sons Imām Ḥasan (ʿa) and Imām Ḥusayn (ʿa), they are known as the Ahlul Kisāʾ or Ahlul Bayt (ʿa). Prophet Muḥammad (ṣ) had always told the people of the importance of these honorable people.

Once, he said to his companions, "Look for the sun; when the sun is hidden in the night, look for the moon. When the moon is hidden, search for the evening star; and when that, too, is hidden, look for the two bright stars in the Ursa Minor." His companions asked him, "O Prophet of Allah, who is the sun?" He replied, "I am the sun." They asked, "Who is the moon?" He replied, "ʿAlī." The companions asked, "Who is the evening star?" The Prophet (s) replied, "Fāṭimah." They asked, "Who are the two stars of the Ursa Minor?" He answered, "Ḥasan and Ḥusayn."[1]

With this, the Prophet (ṣ) clearly showed the path of guidance to the Islamic Ummah. He compared himself as being the bright sun of guidance, Imām ʿAlī (ʿa) as the glowing moon that a person turns to and benefits from when the sun is hidden, and compared Sayyidah Fāṭimah (ʿa), Imām Ḥasan (ʿa), and Imām Ḥusayn (ʿa) to the bright stars of guidance towards Allah (swt). Today, we are going to make a craft that will help us visualize who we should turn to for guidance.

1 Ḥaskānī, al-Ḥākim, *Shawāhid al-Tanzīl li Qawāʿīd al-Tafḍīl*, Vol. 1, P. 59, Ḥadīth #91.

Sun, Moon, and Stars

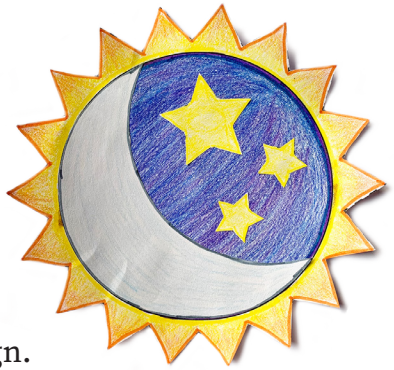
Suggested Ages: 5+

Time: 40 minutes

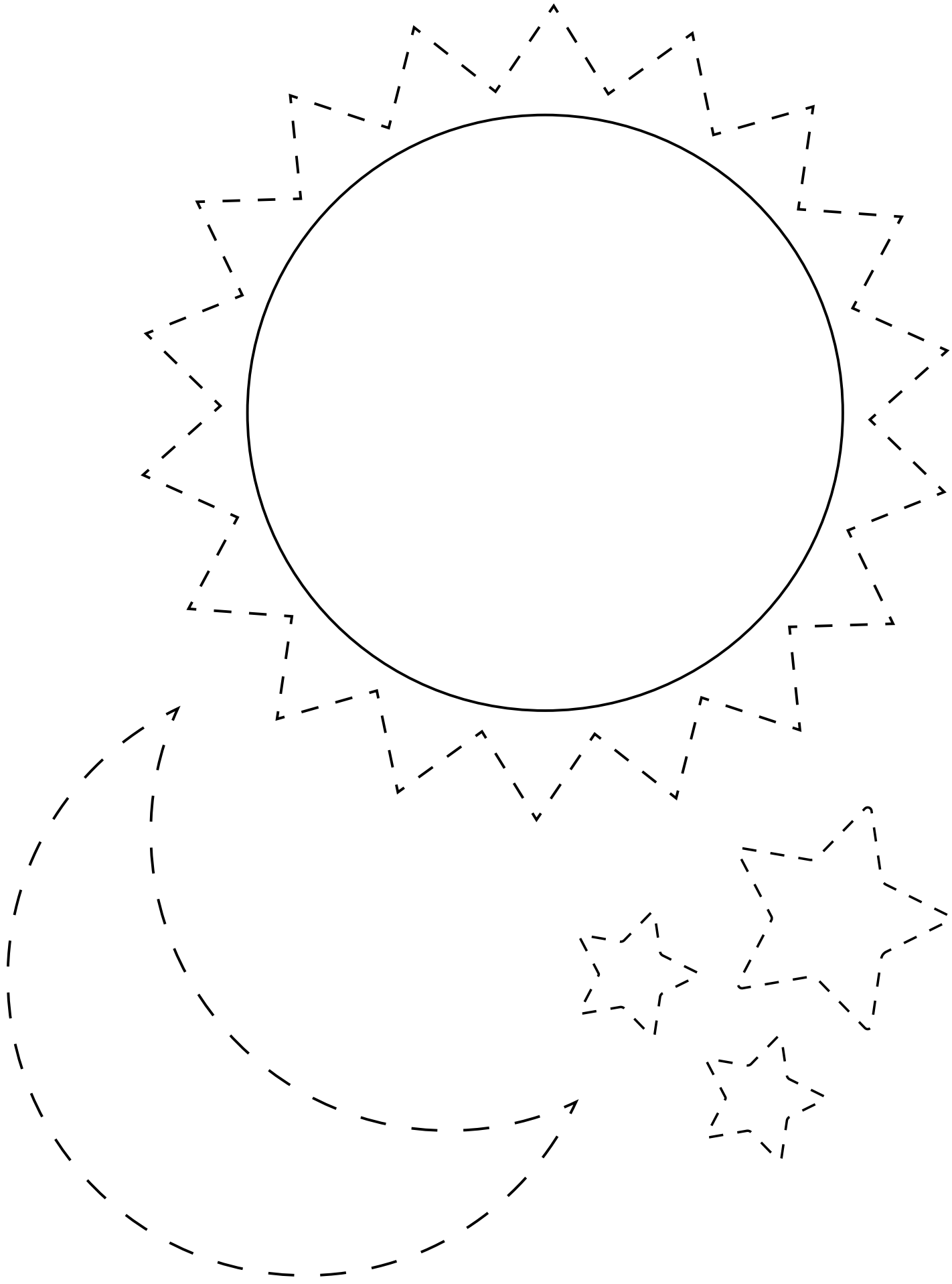
Materials:

- Sun, moon, stars template
- Crayons/colored pencils
- Scissors
- Glue
- Markers

Procedure:



1. Color the pictures of the sun, moon, and stars.
2. Cut out each picture carefully.
3. Glue the moon shape on top of the sun.
4. Next, glue the three stars next to the moon to complete your design.
5. Finish decorating your craft however you like! You can add glitter, stickers, or draw more designs around your sun, moon, and stars.
6. Optional: Write "Prophet Muḥammad (ṣ)" on the sun, "Imām ʿAlī (ʿa)" on the moon, "Sayyidah Fāṭimah (ʿa)" on the larger star, and "Imām Ḥasan (ʿa)" and "Imām Ḥusayn (ʿa)" on the two smaller stars.



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Praying for Others

Objective: Children will learn about Sayyidah Fāṭimah (ʿa) and her special prayers.

During these Days of Sayyidah Fāṭimah (ʿa), we try to learn some lessons from her life. One such lesson is related to praying, specifically praying for others. We know the importance of duʿās and praying to Allah (swt), but it is also important to remember others in our prayers. Sayyidah Fāṭimah (ʿa) always remembered to pray for others.

Imām Ḥasan (ʿa) narrates in a story, "I saw my mother in the prayer site (miḥrāb) on Friday night when she continuously performed rukūʿ and sajdah until the sun rose. I heard her praying for the believing men and women; she would mention their names and sincerely prayed for them, but asked nothing for herself. I said to her, 'My dear mother! Why don't you pray for yourself as you pray for others?' She replied, 'My son, we must first pray for our neighbors (i.e. others) and then for ourselves.'"[1]

From this story, we can see how caring Sayyidah Fāṭimah (ʿa) was, how she always thought about others and prayed for them. We should pray for our family, friends, and people in our community, especially when they need it the most. If everyone prayed for each other, no one would be left out of Allah's blessings and mercy! Today, we are going to make a craft to help remind us to pray for others.

1 Shaykh Saduq, *ʿIlal ash-Sharāʾiʿ*, Vol. 1, P. 215, Ḥadīth #1.

Prayer Hands

Suggested Ages: 5+

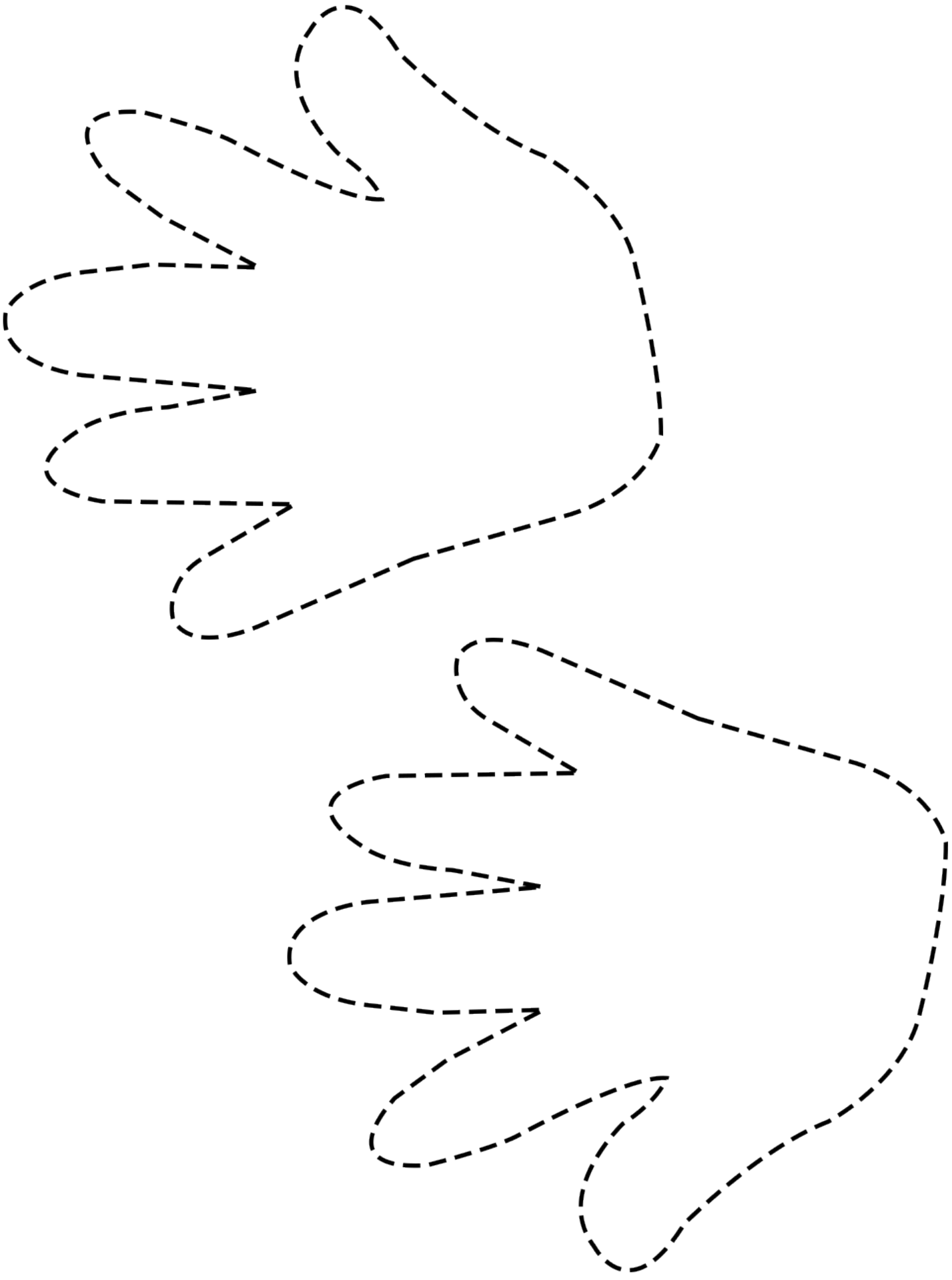
Time: 30 minutes

Materials:

- Prayer hands template
- Crayons/colored pencils
- Scissors
- Glue
- Markers

Procedure:

1. Color and decorate the hands however you like! You can use bright colors, patterns, or stickers to make them special.
2. Cut out the hands along the outlines.
3. Glue the hands together at the wrists, near the pinky fingers, so they look like they are open in prayer.
4. Now, on the two hands, write down who you can pray for.
5. Finish decorating the craft however you like.



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